

**BECOME SUICIDE ALERT****safeTALK**  
*Suicide alertness for everyone*

safeTALK is a 3-hour training workshop, which raises general awareness on how to prevent suicide in our community. Learn four basic steps to recognise persons with thoughts of suicide and help connect them with suicide intervention resources.

**Please Note:** *This workshop is not suitable for anyone recently (within the last 12 months) bereaved by suicide.*

### Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided – leaving people more alone and at greater risk.

safeTALK training prepares you to help by using **TALK (Tell, Ask, Listen and Keepsafe)** to identify and engage people with thoughts of suicide and to connect them with further help and care.

### For further information on training please contact:

**Email:** [clear@dhcni.com](mailto:clear@dhcni.com)

**Web:** [www.dhcni.com/clear](http://www.dhcni.com/clear)

**Address:**

Clear Project (Developing Healthy Communities)  
Building 83  
Ledwidge Avenue  
Derry – Londonderry  
BT47 6GZ

**Tel:** 02871383386

*For further details on the CLEAR Project contact us by email – [clear@dhcni.com](mailto:clear@dhcni.com) or Tel: 028 7138 3386  
Minimum numbers of 15 persons and a maximum of 30 persons are required for the safeTALK Training. All participants must be over the age of 18 years.*

***These sessions are open to staff & volunteers of COMMUNITY & VOLUNTARY SECTOR organisations operating within the Western Trust Area.***



*For further details on the CLEAR Project contact us by email – [clear@dhcni.com](mailto:clear@dhcni.com) or Tel: 028 7138 3386  
Minimum numbers of 15 persons and a maximum of 30 persons are required for the safeTALK Training. All  
participants must be over the age of 18 years.*

***These sessions are open to staff & volunteers of COMMUNITY & VOLUNTARY SECTOR organisations  
operating within the Western Trust Area.***